



2018-2019
Middle School
High School
Athletic Manual

Welcome to The Point College Preparatory & Leadership Academy: (CCA-CFA)
Middle & High School Athletic Program

The athletic program will soon have a history of achievement and excellence. We hope your involvement in this program will provide rewarding and worthwhile experiences. The Interscholastic Athletic Program of CAASC is an integral part of the total school program and as such is designed to help our students become better school, community, state and national citizens. While the academic area is the primary focus of our school, we believe participation in an athletic program affords opportunities, training and experiences not ordinarily available in the regular curriculum.

We are also committed to hiring skilled coaches who build rich relationships with our student athletes. Our coaching staff is comprised of full-time Point staff and part-time coaches from the community who model the character and behavior we expect from our student athletes.

CAASC Athletics 2018-2019

Cross Country, Volleyball, Cheerleading, Boys Basketball, Girls Basketball, Baseball, Softball, Track & Field

Forward

This handbook is designed to inform the CAASC athlete and his/her parent(s) or guardian of the rules, regulations and policies of the Athletic Department. We believe that success in athletics is established and maintained through adherence to the principles outlined in this handbook. Participation on athletic teams is strictly on a voluntary basis. Athletics are conducted after the regular school day. The athlete must earn the privilege of participation through dedication, desire and discipline. Because participation is voluntary, certain basic requirements are necessary in order to make the athletic program a wholesome, successful and meaningful experience.

Vision Statement

The Point College Prep & Leadership Academy will provide an extracurricular athletic program that will support the academic mission and pillars of the school.

Conduct

Participation in extracurricular activities, including athletics, is a privilege, not a right. The Point College Prep & Leadership Academy expects all students who represent their school through participation in extracurricular activities to be good representatives of the CAASC community. Students should dress, act and conduct themselves in a way that reflects positively on CAASC. Each student is expected to display good citizenship at all times.

Athletes, Parents & Spectators must exhibit positive sportsmanship. Taunting is prohibited. Taunting includes negative actions or comments. Any student, parent or spectator who fails to conduct him or herself appropriately may have the privilege of participation limited or revoked. Students athletes are expected to exhibit the following:

- **Respect** – For oneself, teammates, coaches, opponents, officials, fans, team managers, bus drivers, and athletic staff.
- **Responsibility** – By attending practices/games, being on time every day and being prepared to improve in skill level and knowledge of the sport. Athletes are **expected to adhere to the school rules and expectations as stated in the Parent/Student Handbook**. Anyone in violation of this policy will be subject to disciplinary consequences. **Sportsmanship** – Every action, body language, attitude and spoken word is a reflection of oneself and a reflection of the school. Student athletes should be committed to being the “bigger” person in difficult situations.

The Point Athletic Department

Program Goals

The goal of The Point College Prep & Leadership Academy is to provide opportunities for student athletes to excel in teamwork, sportsmanship, self-discipline, acceptable personal and social behavior, and character. Also to promote a sense of school unity, school pride, and school spirit. Members of teams and organizations must always serve as exemplars of high moral character and must demonstrate appropriate academic commitment, which is expected of all students. In addition to the rules established by CAASC, each coach may have rules and expectations for the members of the team, which shall be distributed to all players and parents at the beginning of the season. All students who participate in athletics are subject to disciplinary consequences imposed by coaches and the administration. The athletic program at The Point is designed to produce well-rounded citizens who can take their place in a community and in a democratic society. The program is intended to develop leadership skills, a sense of responsibility and accountability, and sportsmanlike attitudes of the student population.

The Point athletic department will promote the concept of sportsmanship. Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, teammates, officials, coaches, administrators, and spectators. Winning is exciting, but winning at any cost is not the goal.

Emotional balance promotes consistency in the lives of the athletes that affects everything they do. Everyone wins, especially the athletes, who move comfortably from one responsibility and relationship to another, benefiting themselves as well as their parents, teachers, and coaches.

The Point Middle & High School Athletics Core Beliefs

- We believe the middle & high school athletic program can benefit all students.
- We believe that middle & high school athletics are an integral part of the total education program and a unique part of the middle & high school experience.
- We believe that middle & high school athletics teach students many invaluable, intangible traits that are necessary for productivity in our society such as, but not limited to, self-discipline, personal commitment, loyalty, sportsmanship, teamwork, the value of preparation, and hard work ethic.
- We believe participation in middle & high school athletics enhances student academic performance and school attendance.
- We believe middle & high school athletics have a positive effect upon the participant's self-image, mental alertness, social competence and ethical awareness.
- We believe that the spirit of competition and the will to excel are some of the necessary elements associated with the middle & high school athletic program. These elements are valuable to the development of a healthy mind and a productive citizen.

Objectives

1. To provide our athletes with the best possible administration, supervision, and instruction available.
2. To provide our athletes with quality facilities and equipment that is both safe and people friendly.
3. To provide our athletes with safe, quality transportation to all competitions, practices and activities.
4. To provide our athletes with proper funding to meet their athletic needs.

Athletic Information

Eligibility and Academic Standards for Athletes

The Point College Prep & Leadership Academy students that are in good academic standing without any disciplinary infractions that would revoke their privileges in grades 6-10 are eligible to participate in athletics. The Athletic Director and School Director each have the right to revoke privileges of student athletes for academic or disciplinary reasons according to the CAASC Code of Conduct. The Director must have evidence of the legal birth date of the student. A student shall not participate on a middle school team if the student becomes 15 years of age on or before August 31 of that school year for the middle school. The Athletic Director will certify grades at the end of each quarter as well quarterly and interim grade reports. Students must maintain a GPA of 2.5. In 2018-2019, eligibility will be determined based upon the 4th quarter report card from the previous Spring.

Promotion

Promotion is defined as progressing to the next grade. In middle & high school, the student must meet CAASC academic standards for student athletes each quarter. This includes the academic

requirement listed above. Prior to meeting promotion standards, student athletes must meet or exceed expectations of CAASC.

Academics

Middle School and High School students must pass all courses and maintain a GPA of at least 2.5 for the quarter and meet academic standards established by CAASC. Athletes are “academically eligible” or “academically ineligible” at the beginning of each nine weeks. It is the responsibility of the Athletic Director to monitor the academic status of each student/athlete enrolled in school at the beginning and close of a semester. An athlete becomes eligible or ineligible on the first day of the new grading period. The Athletic Director will review eligibility requirements of each athlete at interim reports. The Parents/Guardians will be notified if student becomes ineligible to participate by the Athletic Director. If the Athlete’s grade in any subject becomes below an 85 he/she will be required to attend Saturday School until grades are above 85.

Academic Probation

If an athlete is on academic probation, we will follow the academic accountability plan, according to the CAASC student handbook.

Attendance

A player must have attended school at least 85% (no more than 4 days absent each 9 weeks) of the previous quarter. A student must, at any time of any game in which he or she participates, be a regularly enrolled member of The Point. The student should be in attendance at school the day of games/practices to be eligible to participate. During the season, any student charged with an unexcused absence from practice will be ineligible for the next game. All absences from practice must be communicated to the coach. Extenuating circumstances that warrant an appeal will be submitted to The Director of Student Activities for review. The Director of Student Activities will review the appeal and submit to the School Leader for a decision. After conducting a review of the circumstances warranting an appeal, the School Leader will provide a decision to the parent and Director of Student Activities.

Pre-season Parent/Guardian Meeting

All sports are expected to have a preseason parent meeting before the first game. At this meeting, the coach will go over expectations, team rules, sportsmanship, and answer any questions. This is a required meeting for all parents or guardians of participants on the team. Athletes are invited but not required to attend. If the parent cannot attend this required meeting, the athlete may not

be allowed to participate. Before the athlete can participate in any game, the parents must sign indicating the understanding of the Athletic Department rules for their child.

Physicals

All athletes must have a completed Sport Physical Form on file at school before they practice or participate in skill development sessions. The physical is valid for 390 days and must be current until the end of a specific sport season.

Try-outs

The general philosophy for The Point athletics is to encourage all interested students to participate. Thus, we encourage fair team selection. There will be notifications given to each athlete regarding their status on the team. Obviously, time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport. However, when developing policies in this regard, our coaching staff strives to maximize the opportunities for students without diluting the quality of the programs.

Team Selection Responsibilities

Choosing the members of the athletic squads is the sole responsibility of the coaches of those squads. Prior to try-outs, the coach shall provide the following information to all candidates for the team:

- Extent of try-out period
- Number to be selected
- Practice commitment if they make the team
- Game commitments
- Academic Requirements
- Coach will check physical status

Selection Procedure

When a selection procedure becomes a necessity, team rosters will be posted anonymously. Coaches will discuss alternative possibilities for participation in the sport or other areas in the sport. (Manager/statistician etc...) At the parents or students request coaches will meet and discuss the reasons for the decision.

Attendance Eligibility

The student must be in attendance at school to be eligible to participate in games or practice. During the season, any student charged with an unexcused absence from practice will be ineligible for the next game.

Disciplinary Action

Any student whose conduct is determined to be a discredit to him/her, the team or the school during their middle & high school career shall be subject to disciplinary action as determined by the Coach, Athletic Director, and/or Director. Being a participant in The Point athletic program is a privilege and not a right. Any participant who does not treat it as such will lose his/her privilege to engage in it. All members of athletic teams are bound by the following training rules (as they apply to substance use or possession) at all times throughout the entire current school year plus any school sponsored event. Students are not eligible to participate in the middle school athletic program on any day that the student serves time in after-school detention, in-school suspension, or out-of school suspension.

Suspension

The Coach, Athletic Director and/or School Leader may make temporary suspension of participants. Suspension from a team results in nonparticipation in game/practice during the entire period of the suspension.

Removal from Participation

A student athlete may be permanently or temporarily suspended from his or her team for the following reasons:

- Violations of the school's Student Code of Conduct
- Violations of school, athletic, or team policies
- Personal misconduct that involves police or court action during the sport season either before, during, or after hours
- Verbal or physical attack upon any individual
- Acts of poor sportsmanship
- Continuous weekly academic ineligibility as determined by the Athletic Eligibility Form
- Refusing to participate in athletic practices or contests

Upon request, student athletes will be given the opportunity for a hearing with the appropriate school administrator if the student or his/her parent/guardian indicates the desire for one. A hearing shall be held to allow the student and his/her parent/guardian to contest the facts or to contest the appropriateness of the sanction imposed by a disciplinary authority. The suspension will be in effect until the appeal process has been resolved.

Steps for Review

- The student athlete shall meet with the coach involved to try to solve the problem.

- The student athlete may request a review by The Athletic Director who will arrange a meeting with the coach, the student athlete, and the parents. This meeting shall take place within five school days of the request for the review.
- If the decision resulting from the meeting with the coach, parents, and Athletic Director is unsatisfactory to the parents, they may appeal to the School Leader.

Team Selection

It is up to the discretion of the Athletic Director if a student is cut from one team and would like to try out with another. Students will be allowed to choose, try out, and play for only one team during each of the three seasons. Excluding clubs, students may only participate in one sport at a time during a season.

Expectations of Parents

The Point parents are expected to support the coach, all student athletes and athletic policies. Parents are encouraged to **cheer on all teams** while refraining from verbally abusing game officials or the opposing team. Finally, parents who have **concerns about their child's athletic experience should first contact the coach** and, if unresolved, follow-up with the Director of Student Activities.

Transportation

Parents are responsible for transporting athletes to all practices and games. The Point shall assist in the coordination of transportation of athletes. All parents will be asked to sign a transportation waiver.

Pick up from Practices/Games

Participation is a privilege, not a right. Parents are expected to pick up their students from all practices and games on time. Coaches will coordinate carpool instructions for pick up from games. Coaches will attempt to provide help if a parent has a conflict. Parents will be asked to provide a list of authorized drivers. In the event of an emergency, parents are required to provide verbal confirmation to the coach. Authorized drivers to and from games/practices will participate in a criminal records check that will be conducted by The Point.

Inclement Weather Policy/Alerts

If rain, snow, ice or other inclement weather impacts the practice or game schedule, coaches will notify families as soon as the school has all necessary information to make an informed decision.

Uniforms

Uniforms will be issued to each team member with the exclusion of the dance squad. Each student is responsible for the uniform issued. Damaged or lost uniforms will result in a fine equal

to the full replacement value. Students will not be eligible to participate in the athletic program until the fine is cleared.

Athletic Fee

\$50.00

